

National Addictions Awareness Week activities

DATE	PLACE	ACTIVITIES
Tuesday Nov. 14th 1:30 – 3:30 pm	Dettah Wellness Office	⇒ Sober Walk – Rock your Moccasins, Walk in the footsteps of our Ancestors (Wear your moccasins, mukluks or slippers) ⇒ Presentation on Traditional Teachings and Healthy lifestyle choices ⇒ Information booth on addictions and healthy choices ⇒ Snack and Refreshments
Wednesday Nov. 15th 11:30 – 2:30 pm	Dettah Wellness Office	⇒ Presentation on addictions ⇒ Sharing about “Living a Good Life” ⇒ Lunch - Stew and Bannock ⇒ Checker games ⇒ Information booth on addictions and healthy choices
Thursday Nov. 16th 1:30 – 3:30 pm	Chekoa Building Ndilo	⇒ Sober Walk – Rock your Moccasins, Walk the footsteps of our Ancestors (Wear your moccasin, mukluks or slippers) ⇒ Presentation on Traditional Teachings and Healthy lifestyle choices ⇒ Information booth on addictions and healthy choices ⇒ Snack and refreshments provided
Thursday Nov. 16th 6:00 – 8:30 pm	Chekoa Building Ndilo	⇒ Sewing Group – Presentation on addictions ⇒ Sharing about “Living a Good Life” ⇒ Youth Handgames ⇒ Supper provided

For more information contact Alice @ 920-2925

